FORM D Self-Reflection Questionnaire

Name: Date:

(Use as much space as necessary to respond to all questions.)

1. **Self Description**
   1. Describe your present life circumstances.
   2. Describe your personal strengths and weaknesses.
   3. Describe a conflict situation in which you were involved, how you reacted, what you might have done differently and what you learned about how you react to conflict.
   4. Describe your usual reaction to stress.
   5. Describe your family’s religious affiliation and church attendance during your childhood and adolescence.
2. **Perceived Call to Ordained Ministry**
   1. Do you feel called to the priesthood or the diaconate? Why?
   2. Describe how you have felt drawn to the ordained ministry as a vocation. When did you first entertain the idea, what events and people most influenced you and in what specific ways have you experienced this call?
   3. Describe your spiritual life and discipline.
   4. What are the major differences between a lay person and an ordained person?
   5. List five things you see yourself doing as an ordained person that you cannot do as a layperson.
   6. In what ways have others affirmed your perceived call to ordained ministry?
   7. What special skills and talents will you bring to ordained ministry?
   8. What is most attractive to you about ordained ministry?
   9. What specific forms of ordained ministry are most attractive to you? (parish, chaplain, teacher, counselor, diaconal)
3. **Relationship with your Family**
   1. Describe your relationship with your parents and siblings.
   2. If applicable, describe your relationship with your spouse and children.
   3. What effect will pursuing a call to ordained ministry have on your family?
   4. How does your immediate family feel about your perceived call to ordained ministry?
4. **Summary**
   1. What barriers do you see for yourself in pursuing your ministry aspirations?
   2. What are your greatest fears and reservations about pursuing ordination?
   3. What is your greatest hope about pursuing ordination?
   4. What will you do if you are not approved to continue the process?

**Spiritual Autobiography**

Please write a brief history (2,500 words or less) of your faith journey, including significant events, persons, etc. that have influenced you. You may include the autobiography here or attach it as a separate document. If you submit a separate document, please include your name and date at the top of the first page of the document.

Your autobiography should cover the most important aspects of your spiritual, emotional, and professional development and resulting self-awareness. While this essay gives you great latitude, it should include the following elements: the facts of your life that inform your calling to ordained ministry, the circumstances around you becoming a Christian, consideration of times of growth and change (including, if applicable, details of any counseling you have undertaken), any experience you have had participating in religions other than Christianity, and an honest discussion of your strengths and weaknesses.

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| Submitted by: |  | | |
| *Signature of Applicant*  Approved by: |  | *Printed Name of Applicant* | *Date* |
| *Signature of Rector/Sponsoring Priest* |  | *Printed Name of Rector/Sponsoring Priest* | *Date* |

Completed original forms should be submitted to: The Episcopal Diocese of Pittsburgh

Attention: Executive Assistant to the Bishop 325 Oliver Avenue, Suite 300

Pittsburgh, PA 15222

Or electronically to [arath@episcopalpgh.org](mailto:arath@episcopalpgh.org)

Copies scanned/sent/emailed to Chair, Commission on Ministry, [jlsphone1@gmail.com](mailto:jlsphone1@gmail.com)