



*The Social Justice and Outreach Committee  
of the Episcopal Diocese of Pittsburgh*

## Scoring:

- **1 point** for each item of food (e.g. can or package) donated to a food pantry
- **1 point** for each dollar donated directly to a food pantry or food bank, such as Greater Pittsburgh Community Food Bank (GPCFB, <http://www.pittsburghfoodbank.org/>). Includes only local food pantries/banks within the diocesan boundaries
- **5 points** for sending a personalized advocacy letter on behalf of an organization such as Bread for the World. (<http://www.bread.org/>)
- **5 points** for each parishioner attending one of the SJO-sponsored hunger-themed movie nights
- **10 points** for each volunteer person-hour in a food/hunger related activity such as:
  - volunteering at a local food pantry, food bank or GPCFB or at one of their distribution activities (such as GPCFB's Produce to People)
  - preparing or serving meals for a soup kitchen or shelter
  - participating in the Gleaning and Farm Donations program for GPCFB, volunteering for a Community Garden, or other such projects
  - participating in SJO's October Repack dates at GPCFB. To heighten interest in these, there's an additional **50 point-bonus** to the team with the most participants over the two repack dates
- **10 points** for each parish that uses the bulletin inserts that will be provided for at least one Sunday each month during the race
- **25 points** for each parishioner completing a CROP Walk, with an additional point for each dollar in contributions they turn in (no double counting of contributions, please)
- **25 points** for each church sponsoring a hunger awareness program such as an informational forum, movie night, or Bread for the World advocacy program (plus 4 points for each letter written), or a money raising project (plus points for dollars raised.)

Other activities may be added to this list during the course of the race. Parish suggestions are welcome.



# RAC AGAINST HUNGER

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**Church:**

**Month:**

**Coordinator:**

**Contact:**

<i>Points each</i>	<i>Activity</i>	<i>date</i>	<i>number of items</i>	<i>total points</i>	
1	food pantry items				
1	food pantry dollars				
5	advocacy letter				
			<i>number of participants</i>		
5	attending movie night				
10	volunteer hours				<b>specific activity</b>
10	using Bulletin inserts (points only once per month)				
25	complete CROP walk				10 points for half
50	parish sponsored program				