



*The Social Justice and Outreach Committee
of the Episcopal Diocese of Pittsburgh*

Scoring:

- **1 point** for each item of food (e.g. can or package) donated to a food pantry
- **1 point** for each dollar donated directly to a food pantry or food bank, such as Greater Pittsburgh Community Food Bank (GPCFB, <http://www.pittsburghfoodbank.org/>). Includes only local food pantries/banks within the diocesan boundaries
- **5 points** for sending a personalized advocacy letter on behalf of an organization such as Bread for the World. (<http://www.bread.org/>)
- **5 points** for each parishioner attending one of the SJO-sponsored hunger-themed movie nights
- **10 points** for each volunteer person-hour in a food/hunger related activity such as:
 - volunteering at a local food pantry, food bank or GPCFB or at one of their distribution activities (such as GPCFB's Produce to People)
 - preparing or serving meals for a soup kitchen or shelter
 - participating in the Gleaning and Farm Donations program for GPCFB, volunteering for a Community Garden, or other such projects
 - participating in SJO's October Repack dates at GPCFB. To heighten interest in these, there's an additional **50 point-bonus** to the team with the most participants over the two repack dates
- **10 points** for each parish that uses the bulletin inserts that will be provided for at least one Sunday each month during the race
- **25 points** for each parishioner completing a CROP Walk, with an additional point for each dollar in contributions they turn in (no double counting of contributions, please)
- **25 points** for each church sponsoring a hunger awareness program such as an informational forum, movie night, or Bread for the World advocacy program (plus 4 points for each letter written), or a money raising project (plus points for dollars raised.)

Other activities may be added to this list during the course of the race. Parish suggestions are welcome.



RAC AGAINST HUNGER

The Social Justice and Outreach Committee of the Episcopal Diocese of Pittsburgh

Church:

Month:

Coordinator:

Contact:

<i>Points each</i>	<i>Activity</i>	<i>date</i>	<i>number of items</i>	<i>total points</i>	
1	food pantry items				
1	food pantry dollars				
5	advocacy letter				
			<i>number of participants</i>		
5	attending movie night				
10	volunteer hours				specific activity
10	using Bulletin inserts (points only once per month)				
25	complete CROP walk				10 points for half
50	parish sponsored program				