

The Iona Project

Our best work comes from working together to create and nurture supportive partnerships where we share information, successes, trainings, events and more.

Contact Information: Project Director:

Blase Barrett 412 422-4125

Project Facilitator:

Dr. Frank M. Yesko 412 371-7745

Site Locations:

- St. Barnabas Episcopal Church, 989 Morgan Street, Brackenridge, PA 15014
- St. James Episcopal Church, 11524 Frankstown Road, Penn Hills, PA 15235

A short listing of Workshop titles:

- Relationship Building
- Forgiveness
- Conflict Resolution
- Dealing with Grief
- Mental Illness and Addiction
- Spirituality and Recovery
- Personal and Spiritual Growth
- Specific Group or targeted Organizational presentations upon request

A personal and spiritual growth collaborative



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- **Mission Statement** – To provide empowering educational workshops to facilitate personal, spiritual, and collective growth. We're committed to creating a system of care that is customer/community focused, that is driven by results supported by a highly competent, supportive, and partnership-based relationships.
- **Philosophy** - We believe that Human Beings are made in the image and likeness of God and that all peoples have an inborn dignity, freedom, and liberty. As such we are all in the process of growing and developing both personally and spiritually. We respect the right of each individual to come to their own understanding, relationship, and conceptualization of a Higher Power and encourage all to pursue these goals. We offer educational workshops and programs to assist in this process.
- **Project History** - This collaborative project was several years in the making and was thought of independently by both Blasé Barrett and Dr. Frank Yesko. They happened to meet and share their very similar ideas and thoughts about needs in the community and specific approaches to address those identified issues. The Iona Project was initiated.